

# Experiences of Introducing Schwartz Rounds to Primary Care in Staffordshire and Stoke-on-Trent

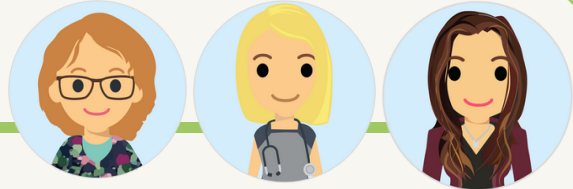


Staffordshire Training Hub

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The Staffordshire Training Hub

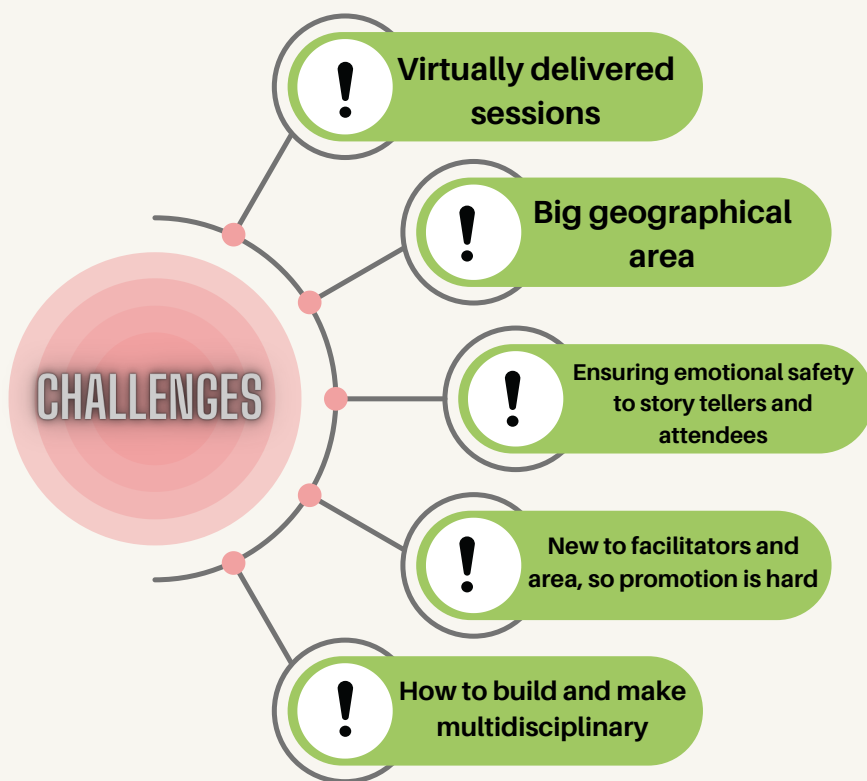


## Background

- Introduced in May 2023
- The aim was to start small and roll out to wider Primary Care
- The 'Core Team' steering group consists of 2 facilitators and 1 administrator, with a view to recruiting more in the future.
- The GP Fellowship Scheme cohort was used for the the pilot round, with a small initial group of 5 attending virtually. The topic for the session was *'a patient I will never forget'*



## Challenges to Primary Care



## Success so far...



## Feedback and Impact

For me personally, I found this session incredibly useful and I would highly value more sessions.

I felt that the facilitators created a very safe environment in which difficult stories could be shared

What made it work so well is that the facilitators explained what was going to happen at each point i.e. "we will start by listening to the stories without interruption, then we will have a break, then we will engage in discussion". I really liked this.

I had met a number of the participants before which helped in feeling comfortable. I'm not sure how comfortable people might feel if they do not know the people they are meeting with.

I felt the environment was very safe to share personal stories and feelings. This was partly due to the sensitive facilitation and partly due to the responses of participants.

I was upset that by telling my story it had resulted in unexpected sadness for one of our group members. I wonder if more preparation is needed for everyone, and strategies ready for how to move on when this happens.

## The Future

Over the coming months and years, The Staffordshire Training Hub intend to continue outreach with Schwartz rounds throughout Primary Care in Staffordshire and Stoke-on-Trent.

### Short-term Goals

- The intention is to link with other Schwartz rounds in the area for the purpose of skill and experience sharing
- Facilitator training is due to be completed in September 2023, with the next round being delivered in October 2023.
- The Protected Learning Time (PLT) will be used as a platform to showcase the work being done, and the benefits of Schwartz rounds, ready for a further round at the end of 2023.

### Long-term Goals

- The ultimate aim is to share rounds with primary and secondary care as a 'one system' approach and to break down barriers.
- Demonstrate improved retention in Primary Care

For more information contact the Staffordshire Training Hub at [traininghub@gpfirst.net](mailto:traininghub@gpfirst.net)