



A Schwartz Round with Lucy Watts MBE

In memory of
Lucy Watts MBE
who died 26 April
2023 at just 29
years old
Rest in Peace

"I want to be cuddled"

"Let's talk about sex"

"I'm embarrassed"

Intimacy at end of life



The
Point of Care
Foundation

Lucy was known for her work as a patient leader, disability activist and palliative care advocate for young people who, like her, had a life limiting illness. She devoted her life for the fulfilment of rights for disabled and/or chronically ill individuals and their carers, to improve health and social care services for a better patient experience.

In 2019 we first came across Lucy Watts in a guidance document by the Open University and Together for Short Lives entitled 'Talking about sex, sexuality and relationships: guidance and standards for those working with young people with life limiting or life-threatening conditions.'

Lucy subsequently became a storyteller for Saint Francis Hospice at our Schwartz Round to demonstrate how young people who are very unwell still need intimacy when facing the end of their life. The round resonated with Hospice staff enabling them to speak openly about their experiences when those they supported expressed their need for intimacy, a conversation that may not have been explored previously.