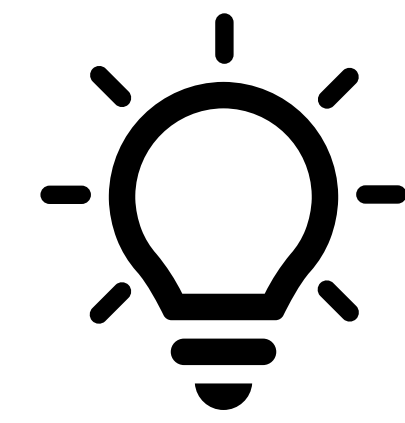


# Death of a Colleague Schwartz Round



PRESENTER:  
Sian Cooper



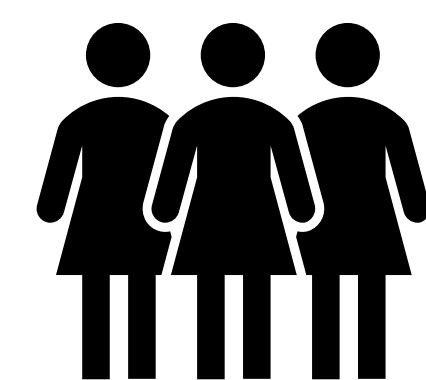
## THE IDEA

To provide a safe space to reflect on the sudden deaths of colleagues over the last decade.



## THE PREP

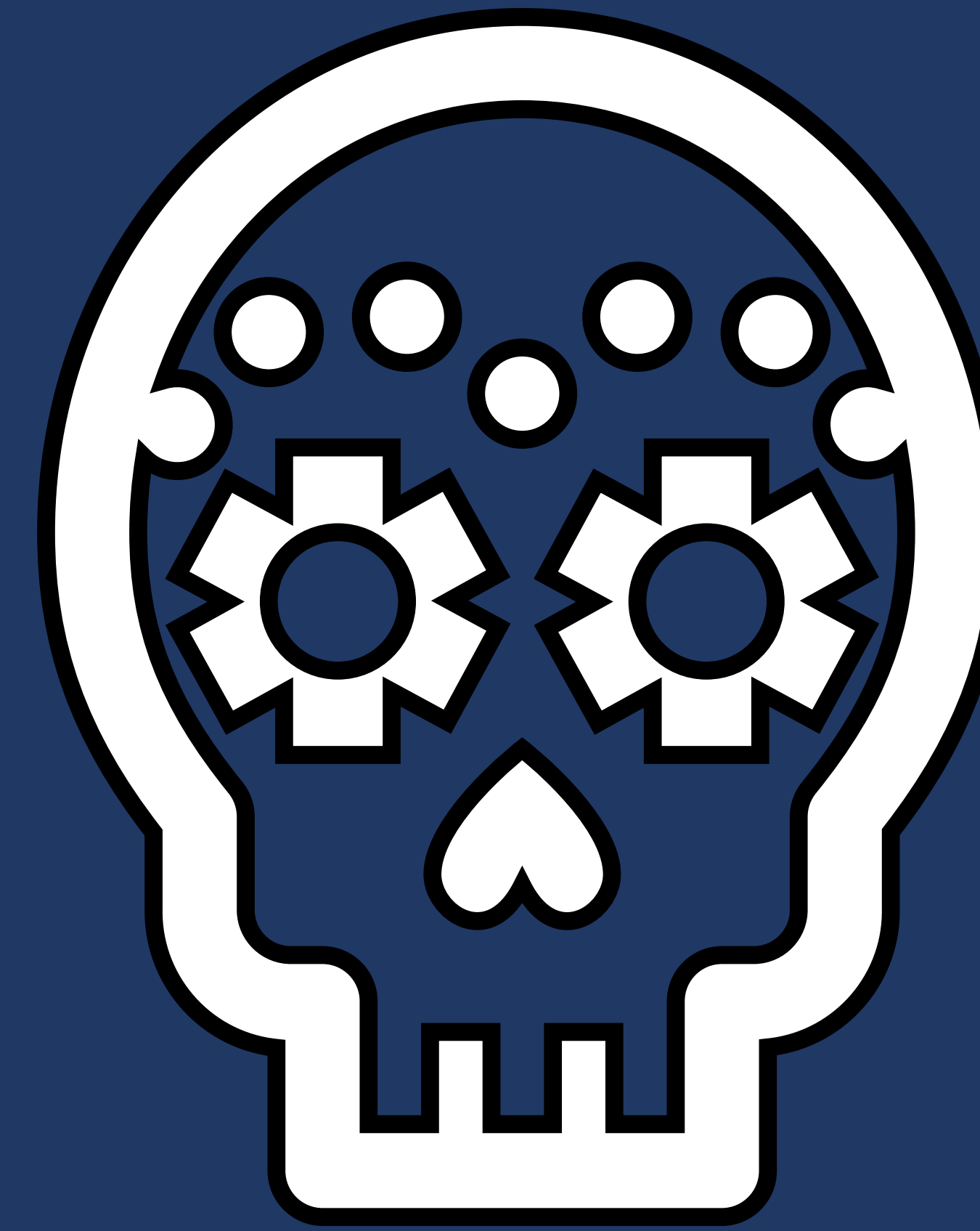
Daunting, unsure, 'felt I should do it,' opened up the trauma and 'all spilled out.' Intense emotions were brought to the surface. It was difficult, cathartic, enjoyable.



## THE PANELLISTS

Multidisciplinary reflections on three different aspects and situations.

Sense of wanting to 'do right' by colleagues. Easier to share online, less intimidating. Felt mutual understanding and empathy from the audience, could tell it resonated with many – 'We went through it together.'



# The Themes

The raw emotions

Dealing with grief and loss

Our 'work family'

Gratitude for having known the person

The gaping hole that is left behind

The resulting self-reflection, a re-evaluation of life, taking stock

The lasting impact of their legacy

We carry them with us, every day 



Take a picture to find out more about Schwartz Rounds and the Staff Experience Programme at the Point of Care Foundation

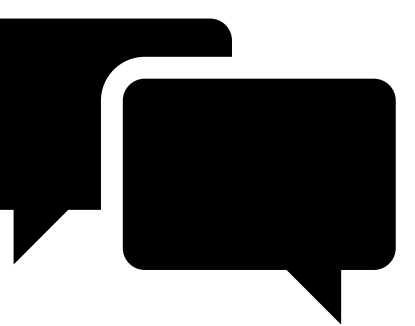
## THE FACILITATORS




A privilege to facilitate. Felt great responsibility and were protective of our panellists. Potentially triggering topic and confidentiality was vital. Gave us a unique space for feelings to be spoken, shared and acknowledged.

## THE AUDIENCE

'A very poignant topic – relevant to us all.' 'Emotional, thought provoking and very worthwhile.' 'The vulnerability of the speakers was really emotive; they spoke eloquently and from the heart. It was really powerful.'



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