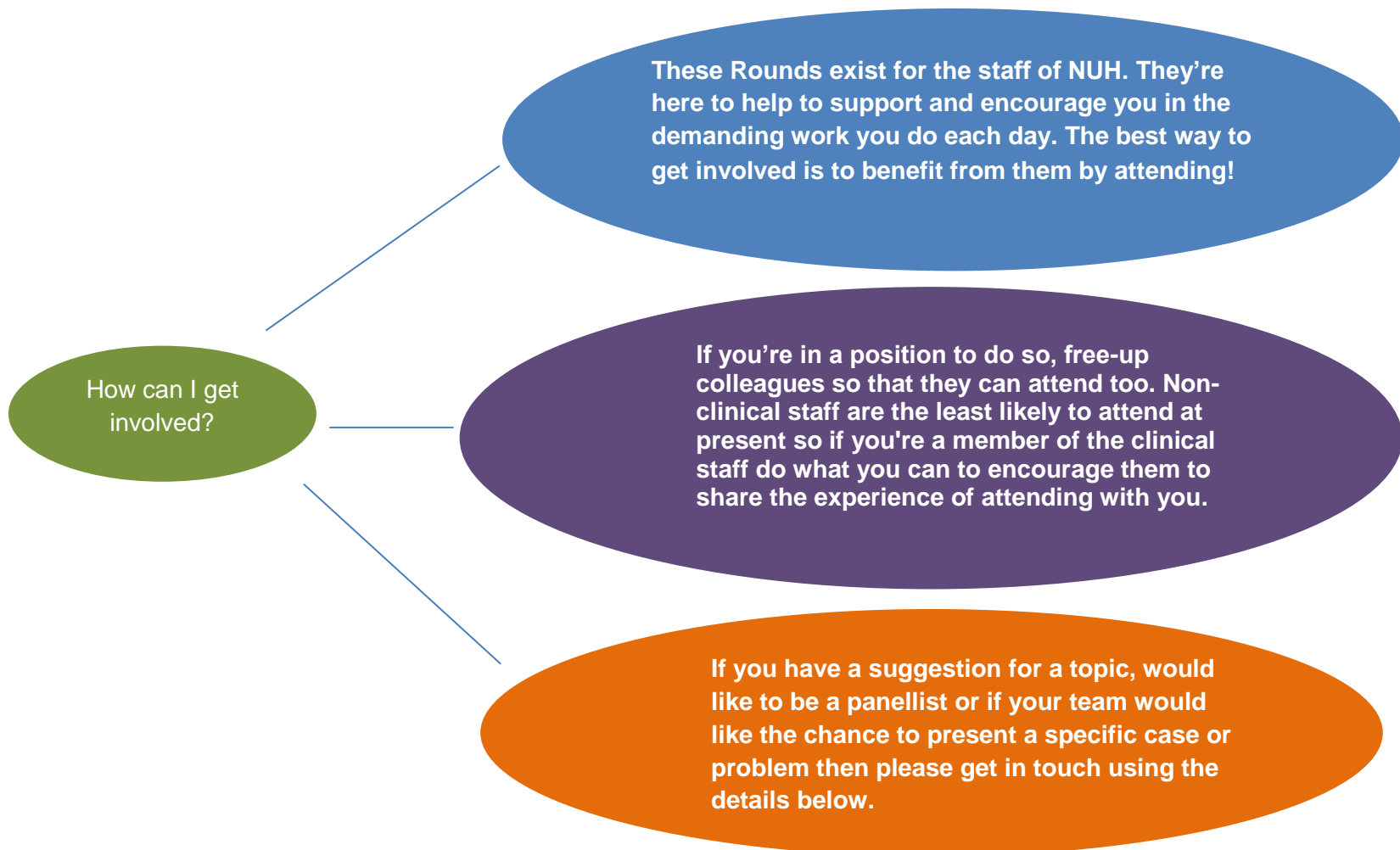


Schwartz Rounds

A safe space to talk, listen and share experiences

All members of NUH staff, clinical or non-clinical, are invited and encouraged to attend.
There is no need to book!



Thoughts from NUH Executive Team

Dr Keith Girling, Medical Director says: "Delivering modern health care can be challenging for staff of all grades and disciplines, including medical staff, as they seek to provide the very best care for patients. Doctors attend ward rounds, grand rounds and other meetings to review patients' care - but Schwartz Rounds are different. These exist as a forum to share and process the emotional burden of our work and to ensure we are supported psychologically to allow us to move forward having had a chance to properly resolve challenging situations from the past."

Mandie Sunderland, Chief Nurse says: "The compassion we ask of our nursing staff can have longevity only if we invest in caring for them as well as our patients. Schwartz Rounds are a safe place to put down some of the burden of caring. I would encourage nurses throughout the Trust to take advantage of this opportunity to share their experiences and to refuel for the work ahead."

What have others said?

"Really helpful and great to hear from other people with different backgrounds"

"Amazing! I enjoyed speaking. I felt like I did unburden the way I was feeling. Definitely use it again"

"Enjoyable and insightful – such a good idea"

"It was interesting to hear non-clinical staff experiences and feedback. Makes me realise how good a team NUH is"

"Before attending I was nervous that I would be forced to talk in front of the others. This has changed my mind and has encouraged me to attend again"

Follow us on Twitter: @schwartz_nuh
Email: schwartz@nuh.nhs.uk