



SCHWARTZ WORKSHOP

INSPIRING PANELISTS

Why?

After a 12 month run of Rounds we were struggling for panelists. In a small organization we had used all of our confident speakers and less and less were saying yes when asked. We ran a digital Round which was very successful and discussed Thank You cards to avoid the need for panelists but felt we needed something to kick start Rounds.

How?

We planned 12 months of dates and titles to inspire people and we decided to start January 2019 with a Schwartz Workshop. We had done something similar in training and we looked to the Point of Care for support. We started very similar to a Schwartz Round but went on to explain that there were no panelists and this would be a workshop. We kept the same rules of confidentiality etc and asked everyone to pair up with someone else. We asked the group to move their chairs so that they were comfortable and to really listen and engage with the other person. Each pair got a list of topics and we asked them to take turns, each person speaking for 5 minutes. We encouraged the listener to take notes and look out for emotional language and the person in the professional. We then came back together as a group and asked if anyone would like to share their stories. The discussion was great and each person that shared evoked a story in someone else. We touched on a number of the topics and the clinical lead kept a note of who had a story for a particular topic to enable us to approach them later for a story for a future Round.

Feedback

Was really positive as many people felt easier about talking in small groups. Many people who didn't feel they had a story discovered they had and that others were interested in what they had to say. One of the panelists for the next Round was a person who really didn't think she would ever get involved!



'I found the Schwartz Round group exercise very eye opening and helpful. I appreciated the time to sit down one on one with a colleague and discuss emotions that are felt in practice, I found comfort in realizing that certain emotions were shared with colleague and is not necessarily something that need to be faced alone. It was also refreshing to hear someone else's opinion on that emotion or feeling'

All said they have a better understanding of their colleagues work

'Good Idea'

All said they would attend another Round and recommend to a colleague

Rated 'Good', 'Excellent' & 'Exceptional'

