



5th December 2017

Dear xxx

I am writing to nominate my colleague, Dr Faye Gishen for the *Schwartz Shining Star Award 2018*.



Faye is the academic lead for Professionalism at UCL Medical School (UCLMS) and a consultant physician. Whilst running Schwartz Rounds in her clinical workplace, she recognized the enormous potential of the Schwartz Round for the education and enculturation of medical students but noticed that medical students were rarely attending, and when they did, were too shy to speak up in front of their clinical teachers. She therefore introduced Schwartz Rounds as part of the clinical and professional practice curriculum at UCLMS; with UCLMS becoming the first school in the UK (and possibly globally) to introduce dedicated Schwartz Rounds for students. She worked with me, Jocelyn Cornwell, Rhiannon Barker, and the Point of Care Foundation to co-write a Health Education England bid to support developing and embedding this activity and was awarded £23,000 in early 2014.

She has been running medical student Schwartz Rounds at UCLMS for almost four years and has seen over 1,000 medical students take part in one or more of these incredible events. She has single-handedly introduced and championed Schwartz Rounds and has run many, with titles such as *'In at the Deep End'* (about transitioning to becoming a junior doctor), *'The Patient I Will Never Forget'* and more recently a gritty Schwartz Round entitled *'Courage'* which focused on challenging power hierarchies and raising concerns as a student. This year, fourth year students have requested an additional Schwartz Round focusing on cancer patients and witnessing suffering, and final year students have requested a dedicated Schwartz Round dealing with their experiences on elective placements abroad.

Feedback has been excellent with comments such as;

'This is the best thing I have been involved in during six years at medical school'
(final year student)

'I think how you deal with your personal situation is something that's really swept under the carpet in the medical profession.'
(fifth year student)

'It helps knowing that whilst being professional you can still have feelings and get upset about things.'

(fifth year student)

She has shared her practice and learning with several medical schools in the UK who have subsequently embedded Schwartz Rounds in their curricula. She has also developed a scholarly approach to evaluating and promoting the Schwartz Round agenda. She took part in Professor Maben's NIHR evaluation of Schwartz Rounds and opened the Inaugural Compassion in Action Schwartz Conference 2017 in Boston along with Jocelyn Cornwell and Heather Caudle: presenting undergraduates and Schwartz Rounds at UCLMS. She has published two articles on this work in peer-reviewed journals and this has led to the establishment of a working group by Point of Care Foundation, looking at the issues of empathy and burnout in medical students. Her doctoral research concerns reflection, empathy and the use of Schwartz Rounds in medical undergraduates. She is currently supporting a final year student to train as a Schwartz facilitator, the first student in the country to do so.

In a climate where medical students demonstrate high levels of anxiety, depression and burnout, Faye's goal is to reach large numbers of students and provide a safe and confidential forum to discuss the emotional aspects of patient care. The ultimate goal is to embed a reflective culture, promote meaningful patient centredness in the curriculum and enable improved patient care. She would relish opening up her developments and thinking to a multidisciplinary student audience including nursing, physiotherapy and pharmacy and we are looking at ways of supporting this.

Faye has worked tirelessly to support medical students and embed tools and practices which will promote longevity and safety within medicine, for patients and future doctors. I whole heartedly recommend her for this award as I feel it has been one of the most important and supportive interventions we have instituted at UCLMS in recent years. Several schools have followed her lead and I feel that it would be fitting to recognise her entrepreneurial and groundbreaking contribution to the UK Schwartz community.

Yours Sincerely



Professor Deborah Gill
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