

Harriet Barker

Schwartz Shining Star



I would like to nominate Harriet Barker, Schwartz Round Lead Facilitator / Lead Nurse Pain Services

Harriet is an excellent Schwartz role model. She is a collaborator, team player and provides valuable insight and expertise to our Schwarz Round programme. Her hard work and diligence to support the team is commendable and her ability to work with a multidisciplinary team and support them helps create a very well rounded and successful programme.

Harriet is the epitome of compassion in kindness, she recently wrote a blog on what kindness means to her.

“Since I began facilitating Schwartz Rounds and having completed a few other courses, I have become a ‘watcher of people’ and started to take a particular interest in how we interact with each other. We work in a high-stress environment with both people to care for and challenging goals to meet and it seems that sometimes, in order to achieve both, we can forget to be kind to each other. I find myself asking why”

Read here: <https://bethechangeasph.com/2017/11/13/the-case-for-kindness/>

Harriet has been a great partner and is a source of personal inspiration in her innate skill at organisation and implementation. Moreover, she is a source of inspiration for other colleagues who want to get the best out of their roles.

Harriet is a trustworthy and generous colleague as well as a stellar leader for the Schwartz programme. As a Schwartz Round Coordinator I feel I have a ‘safe place’ with Harriet; her kindness and compassion towards me helps me tremendously to coordinate the Rounds smoothly.

Harriet actively seeks stories and panellists and is a fantastic facilitator. She leads by example and always goes above and beyond. Harriet held a difficult pop-up round on one of the wards which led to change and opened up difficult conversations with staff. Her work doesn't stop at the Rounds, she follows through and picks up if anyone is affected to ensure they are supported.

Thank you to Harriet for being a fantastic facilitator, colleague and support to myself and the Trust.

Submitted by Farhana Nargis