

Schwartz Round

Sheffield Health and Social Care NHS FT

Held at the 2nd Annual Compassion Conference

Thursday 8th September 2016



Conference Speakers

Kate Lucre:
Compassion
focussed staff
support



Schwartz Round:
Panel: Kevan Taylor &
Rowena Cartwright
Facilitators : Dan Tully &
Gaby Dale

Conference Workshops

- Vicarious Trauma
- Reclaiming Supervision - normative, formative or restorative?
- The Compassion Convoy
- Personal Strategies for Self Care
- Mindfulness: An Introductory Workshop
- Using Compassion Focussed Therapy (CFT)
- Boundaries and Challenges
- Acceptance and Commitment Therapy Taster

- Francis Report : <http://shsc.nhs.uk/about-us/corporate-information/our-response-to-the-francis-report/>
- Paul Gilbert: <http://compassionatemind.co.uk/>
- Pilgrim Projects: <http://www.patientvoices.org.uk/stories.htm>
- Schwartz Rounds: <https://www.pointofcarefoundation.org.uk/our-work/schwartz-rounds>
- Kate Lucre: <https://compassionatemind.co.uk/workshops/compassion-focused-staff-support-and-supervision>

moving stories topic about
story acknowledge Many
teams admin something supervision think
personal compassionate needs lives
valuable opinions good hear others
more share place event found colleagues insight some
felt troubled better thoughts round like well
attend MH boundaries Although conclusion gave
informative causes talks benefits useful relate need practices
large views first room Lack team
other practice purpose surprised users every shown
interesting part presented contribute psychological please being
Wish full compassion lots open bottom Great
feel emphasised people thought day levels
line encouraging someone home everyone all
challenges impact work conscious
Really helpful experience

Tony Sumner:
SHSC Staff
& their digital stories

