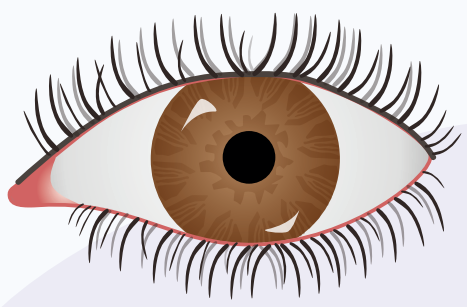
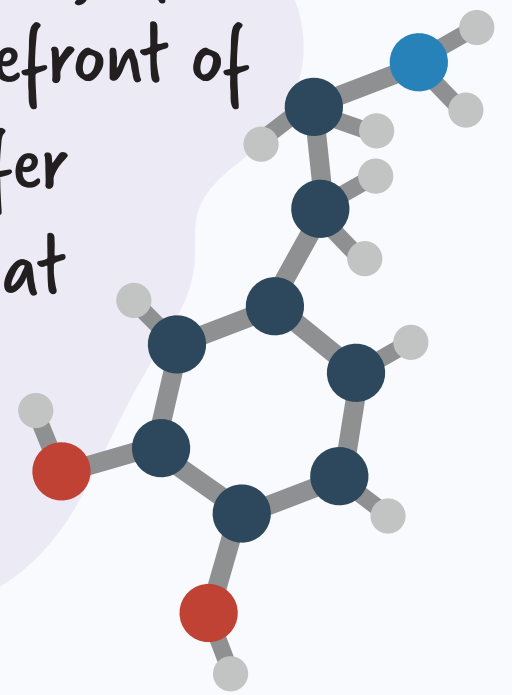


# The Anatomy of Schwartz Rounds at The Christie



Seeing other staff share their stories helps people reflect on their own experiences, giving voice to the stories locked within themselves.

The emotional wellbeing of our staff was at the forefront of our decision to offer Schwartz Rounds at The Christie.



Staff are encouraged to speak from the heart about their experiences and how they are affected by their work in our difficult specialty - caring for people affected by cancer.

The relief of tension and stress prompted by a recognition that we are all in this together is valuable and contributes to the staff experience. It is important to hold on to valuable experiences but process and let go of toxic emotions - Schwartz Rounds facilitate this.



Schwartz Rounds support our Christie values; the foundation of our ethos. We work as one Christie team, sharing knowledge and learning, listen to patients and each other, and treat everyone with compassion, dignity and respect.

The interdisciplinary nature of rounds keeps our joints moving as one rather than seized up and separate.

Hearing from people we don't normally hear from and sharing food with those we usually pass in the corridors helps us keep in touch and work together as a whole.

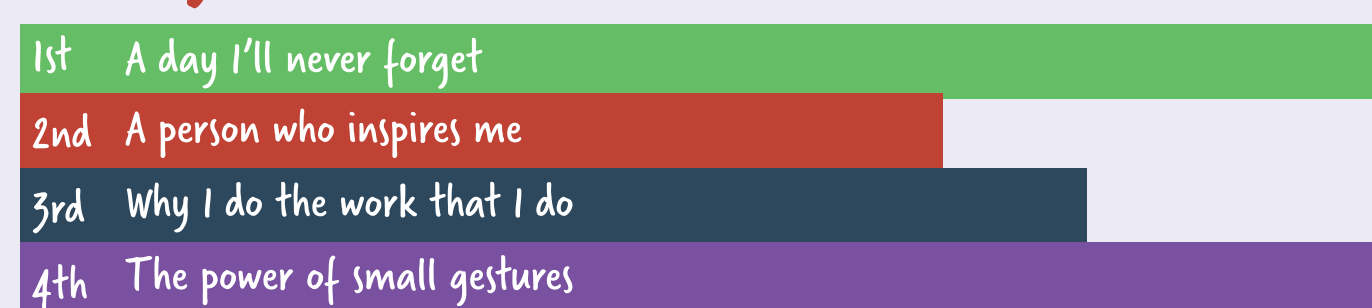
The Rounds are a way for people to identify their part in The Christie family - We have more in common than we imagine.

## The numbers....

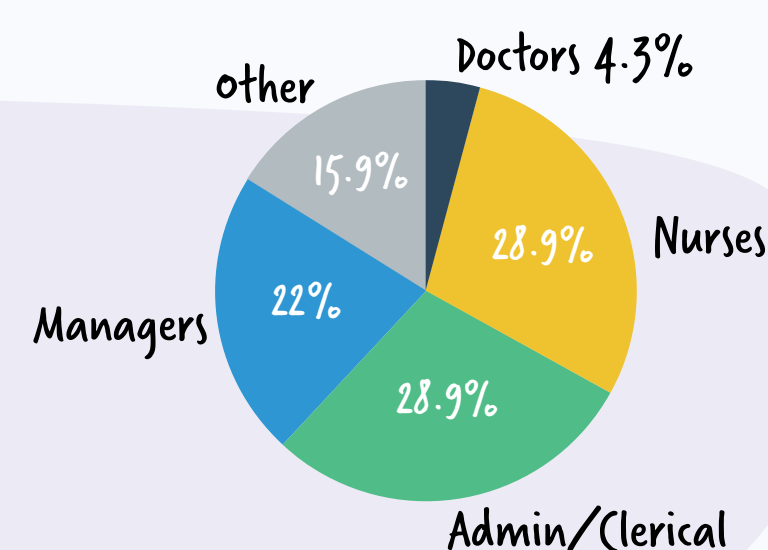
The first Round saw only 14.3% attendance by admin staff; this picked up considerably in future rounds.

We had low attendance from ward staff, and no attendance among domestic/portering staff.

76 52 60 77



The number of attendees per Round



Types of staff attending Rounds

## The staff speak....



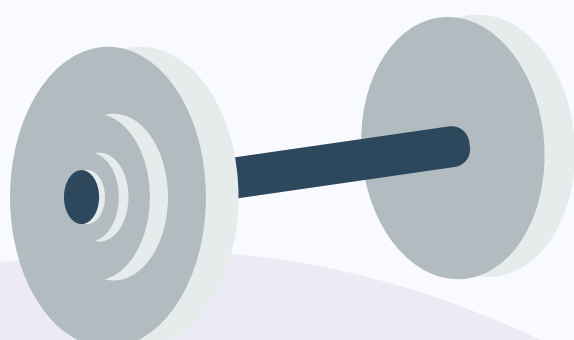
"Fabulous day. Emotional yet controlled. I found the different stories to be thought provoking and touching, each in their own way."

"Very emotional and relevant to working at The Christie. The stories were all fantastic and very well delivered with some humour and sadness. The panel should be commended for bravery."

"It was enjoyable and eye-opening to listen to other people's stories and opinions. It also felt like a very supportive group, highlighting to me that we shouldn't be afraid to ask for help and support."

"A great session good to see a cross section of staff levels. All levelled by the session. All staff groups should be encouraged to attend. Very moving, open and supportive."

## Body-building goals



**Promotion** - some people don't know what a Schwartz Round is and why it might be helpful.

**Building up staff resilience** - so that they can safely express their emotions and then return to work.

**Encouraging and supporting staff at all levels to attend** - particularly ward, admin and healthcare support staff including porters, domestic, estates and catering staff.